

# Imperial College Union Allergen Information Events Menu 2019

Dish Name	Cereals Including Gluten, Wheat	Sulphur Dioxide	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts, Walnuts Hazlenuts	Soya	Eggs	Milk	Celery	Mustard	Sesame
Ham & Mustard Sandwiches	X									X			X	
Chicken Mayo	X									X				
Tuna Sweetcorn	X				X					X				
Vegetarian Ploughmans	X										X			
Vegan Ploughmans	X													
Cucumber & Hummus Sandwiches	X													X
Ready Salted Crisps														
Seasonal fruit bowl (2A, 2P, 4O,1Gp)														
Europa Salad Leaves														
French dressing		T											X	
Pasta Salad	X													
Beef & Horseradish	X	T								X	X		X	
<i>BLT</i>	X													
Chicken & Avocado Salad	X													
Smoked Salmon & Cream Cheese	X				X						X			
Hummus & Mediterranean Vegetables	X													X
Ready Salted Crisps														
Vegetable Crisps														
Melon Platter														
<i>Goats Cheese salad with Balsamic Glaze</i>		X									X			
Luxury pasta Salad	X										X			
Biscuits	X	T							X		X			
Chicken Teryaki with rice noodles	X								X					X
Vegetable Lasagne	X										X			
Vegetable Tagine	X					P		P						
Green salad (Europa)														
Beef Lasagne	X										X			
Fish Pie	X				X							X		
Sweet potato curry & Rice														
Garlic & Herb slices	X								P		X			
Potato Wedges														
Strawberry tart	X									X	X			

T= Trace amounts P= Potentially or May contain these allergens

