

The

Very Helpful Handbook

2014/15

imperialcollegeunion.org



Contents

- 03 ▲ Introduction
- 04 ▲ Equality Statement
- 04 ▲ Useful contacts
- 06-09 ▲ Healthy mind & body
- 10-11 ▲ Students with disabilities
- 12 ▲ International students
- 14-15 ▲ Supporting your studies
- 16-18 ▲ Money & budgeting
- 19-21 ▲ Looking after yourself
- 22 ▲ Liberation & Welfare Officers

Go online to see all our welfare and advice information and get access to other helpful resources

imperialcollegeunion.org/advice

All information correct at the time of going to print (September 2014)



Chris Kaye

Deputy President (Welfare)

dpwelfare@imperial.ac.uk

@icu_DPW 

Hello and welcome! I'm Chris and I'm your Deputy President (Welfare). This is now my fifth year here, so know what it's like to be a student here, and I can say with confidence you will have a superb time.

The Very Helpful Handbook is designed for you to keep with you throughout the year; should you experience a problem, however big or small, it's here to help.

One aspect of my role is to ensure that you're supported during your time at the College, and that the Union has a positive impact on your

student experience. This is mainly through facilitating campaigns on issues affecting Imperial students. The definition of what affects students is pretty broad – it can be an issue on your course, on campus, or even in the wider world. Come and have a chat about it and we'll try to get it going!



We want to have a positive impact on your time at Imperial.

There are many services provided by College and the Union to support you during your time here, such as your Personal Tutor, the Counselling Service, and the Union Advice Centre. The Union also provides a wide array of social activities to help you settle in during Welcome Week.

I hope you have a fantastic start to your time here, and remember to look after yourself. If you ever need pointing in the right direction, or just a friendly chat, I'm only an e-mail or door-knock away.

Chris

A handwritten signature in black ink that reads "Chris".

Equality Statement



Every student at Imperial College London has the right to equal access and equal opportunities. The Union and the College fully advocate the equality of all students and staff members regardless of their gender, age, faith, race, sexual orientation or disability. Both the Union and the College seek to create a healthy environment, so everyone can live, work and relax together in a spirit of solidarity, tolerance and respect.

Useful Contacts

Advice Centre

advice@imperial.ac.uk

Careers Service

careers@imperial.ac.uk

Centre for Academic English

english@imperial.ac.uk

Chaplaincy

chaplaincy@imperial.ac.uk

Counselling Service

counselling@imperial.ac.uk

Deputy President (Welfare)

dpw@imperial.ac.uk

Disability Advisory Service

disabilities@imperial.ac.uk

International Student Support

international@imperial.ac.uk

Student Finance team

student.funding@imperial.ac.uk

The Advice Centre

Free. Impartial. Confidential.

Here to help

The Advice Centre is your free service for confidential, impartial, independent advice and information on academic appeals and complaints, debt advice, housing rights, employment rights, consumer rights, personal safety and international issues.

Contact

Nigel Cooke

Student Adviser

Second-floor Mezzanine, Union Building, Beit Quad

Tel: 020 7594 8067

Email: advice@imperial.ac.uk

Healthy mind & body



You can look after your physical health through sporting activities, healthy eating, and exercise.



You can look after your mental health through new social activities, taking advantage of study and revision methods, and through College's professional services for students.



You can look after your sexual health by practising safe sex, and using the free condoms, sexually transmitted infection (STI) testing and other services offered by Imperial College Union and the Imperial College Health Centre.

The transition from school to university, or from Undergraduate to Postgraduate study, can be a difficult and stressful time for many. Maintaining a sense of personal well-being, both physically and mentally, is an important foundation for academic achievement and getting the most out of your time at Imperial.

Physical health

Maintaining an active lifestyle will benefit you in many ways. As well as improving your overall health and drastically reducing the risk of many diseases later in your life, regular exercise can boost your mood, self-esteem, and your social life.

Sporting activities

Imperial College Union supports over 70 different sport and martial art clubs, from Golf to Ultimate Frisbee, to Wushu and Snowsports. All clubs accept newcomers, with many offering professional coaches and training sessions. A number of the clubs compete against other universities in the UK, and in recent years Imperial has ranked as the best sporting university in London.

All sporting clubs will have a presence at the Freshers' Fair in Welcome Week where you can talk to the current members and decide which clubs to join. You can join a club at any time of the year, and both Undergraduates and Postgraduates are welcome.





Mental health

People between the ages of 18 and 25 are more likely than the rest of the population to have mental health problems, and students are at particularly high risk. The transition from school to university and the financial and social responsibilities that come with that can lead to stress, which can exacerbate any underlying mental health problems. It is estimated that one in four people will have mental health problems at some point in their lives, and up to one in ten students will use their university's support services during their studies.

If you have mental health problems, or are concerned that you may be developing them, there are many confidential and professional services and support systems available to you. These can be found in your departments and your halls of residence, from healthcare providers and from College-employed professionals. Any of these can be accessed all year round, in any combination or order, and will be completely confidential for you.

Exercise and gyms

College maintains a number of gyms across its campuses. The largest is Ethos on the South Kensington campus, which has a large fitness gym, a 25m swimming pool, climbing wall, squash and badminton courts, studio, spa and sports therapy rooms.

College also employs an Active Lifestyles team, who run classes and events throughout the year for students and staff such as weight management or Stressbuster classes.

Healthy eating

The sudden change in lifestyle that university brings can lead to poor eating habits which, in extreme cases, can affect your studies and your social life by making you unable to concentrate, or cause illness and poor health. The unhealthiest food is also often the most expensive; a diet of convenience with lots of takeaways is triply damaging to your academic work, physical health and your wallet.

The majority of College-run accommodation is self-catered with cooking facilities available, and there are a number of spaces around campuses where you can eat a lunch you've made yourself. Consider buying in bulk from nearby larger supermarkets and teaming up with students on your floor to cook in rotation.

In your department

You will have been assigned a personal tutor if you are an Undergraduate, or you will have a Postgraduate tutor or supervisor if you are a Postgraduate. They are able to help and assist with both academic and pastoral (non-academic) matters, such as mental health, bullying, or coping with disabilities.

Counselling Service

The Counselling Service offers free, short-term counselling to students in order to “enable students to become more effective in their lives within and outside Imperial College”. Staffed by trained counsellors, they seek to help you focus on and understand more clearly any personal, emotional or academic problems that are concerning you. They are available by appointment at all campuses. You can find out more at imperial.ac.uk/counselling. Counselling is also available from the Imperial College Health Centre.

Chaplaincy

The Chaplaincy open to all faiths, and is “a place of hospitality, support, dialogue and reflection”, with access to chaplains from the Christian, Jewish, Hindu, Muslim and Sikh religions. The Chaplaincy is available if you have a faith-related issue or seek a quiet place to pray or meditate. You can find out more at imperial.ac.uk/chaplaincy.

Wardening Teams

If you live in College-run accommodation such as a Hall of Residence, there will be a Hall Warden, Assistant Warden and a number of Subwardens. They are usually Postgraduate students or College staff who have been selected for the role based on their ability to offer pastoral care and create a welcoming, inclusive community spirit in their Hall. At least one Subwarden will be on duty every night during the academic year, and you can contact them by calling the duty mobile.

Support from outside College

Students Against Depression (studentsagainstd Depression.org) is an organisation set up in conjunction with students to share stories and discussions related to the topic of depression. The Central

London Samaritans (cls.org.uk) offer time and space for people to express their feelings, help them to talk through their options and find a way to face the future. Finally, you can call Nightline (020 7631 0101; nightline.org.uk). They are a student led listening service who give advice tailored towards whatever problems you’re facing.

In any circumstance it is important to ask for help early on – the longer you ignore your feelings the worse it can get. If you’re finding it difficult to decide who to talk to, contact the **Deputy President (Welfare)** or the **Union’s Advice Centre**.

Signs and indicators

Signs of mental health problems are varied, but can include fluctuations in weight, poor academic attendance and performance, lack of attention to personal hygiene, and changes in mood. If someone you know is exhibiting these signs, consider talking to a Warden, personal tutor or supervisor.

Sexual health

If you choose to have sex, it is important that you are aware of the possible risks involved and how to minimise them. The consequences of unsafe sex can last for months, or even be permanent.

Imperial College Union provides a range of free supplies, advice and STI testing throughout the year, catering to students of all sexualities and genders. You can get the following items free from the Union Reception:

- ▲ Condoms (including non - latex condoms)
- ▲ Condom usage guides
- ▲ Lubricant
- ▲ Dental dams (including non - latex dams)
- ▲ Pregnancy tests

Contraception

If used correctly, male condoms are 98% effective. They are freely available from the Union Reception, as well as the Advice Centre, Imperial College Health Centre, the Earls Court Health & Wellbeing Centre, and the Chelsea & Westminster Genito-Urinary Medicine (GUM) Clinic. Condoms are available to purchase from vending machines in toilets in many pubs and bars, and from any high street supermarket. They may also be freely available from the wardening team in your Hall - ask your nearest Hall Senior or Subwarden.

Other contraception methods are available, including long-term methods such as the pill, injections, implants and intrauterine devices, and emergency contraception such as the morning after pill. Practitioners at the Imperial College Health Centre or the Earls Court Health & Wellbeing Centre can discuss these methods with you, confidentially and professionally.

Pregnancy

Worrying about being pregnant can be extremely stressful for any person. The most significant sign is a missed period, although many women also experience nausea, painful breasts and more frequent urination. Pregnancy tests are free from Imperial College Union, Imperial College Health Centre or local GUM clinic. Alternatively you can buy a kit at a chemist, but it is a good idea to have the result verified by a doctor.

If you are feel you may be pregnant, it is important to realise there are options available to you. The British Pregnancy Advisory Service offers impartial and confidential advice and a range of services, including if you choose not to go through with the pregnancy. You can discuss this and anything else sex-related at your local GUM clinic, details of which can be found on imperialcollegeunion.org.

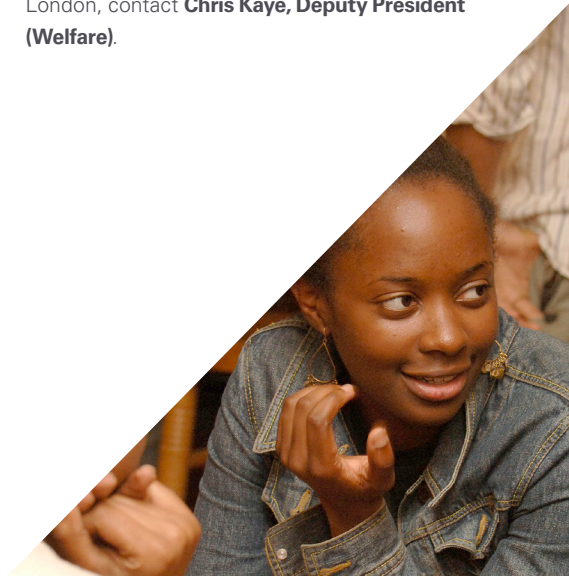
Sexually transmitted infections

In a student community, sexually transmitted infections (STIs) can spread quickly. While many are treatable, a number have permanent consequences, and not all STIs have visible symptoms. If you choose to be sexually active, the consistent use of barrier contraception such as condoms will offer protection against infection. Regular STI checks are also advisable.

Imperial College Union has teamed up with the Earls Court Health & Wellbeing Centre and the Terrence Higgins Trust to offer regular STI clinics on-campus throughout the year. Details of clinics can be found on our website at imperialcollegeunion.org/advice.

More detailed information on physical, mental and sexual health can be found on the Welfare & Advice section of imperialcollegeunion.org. New services and campaigns will be promoted to students through the Union email throughout the year.

If you have ideas, suggestions or want to run a campaign about any aspect of physical, mental or sexual health at Imperial College London, contact **Chris Kaye, Deputy President (Welfare)**.



Students with disabilities



One in twenty students at Imperial College London identifies as having a disability.



If you identify as having a disability, it is recommended that you declare this to College's Disability Advisory Service.



The Disability Advisory Service can advise on a number of subjects, such as accessing grants, allowances and assistive learning technology.

As laid out in our Equality Statement, all students have the right to equal access and equal opportunities. College's Disability Advisory Service supports all students who identify as having a disability or feel they may have a disability.

The team advises individual students, no matter what their disability, and ensures that they have the support they need. The service also acts as the first point of contact for prospective students and their parents seeking information about support available to students. It is both confidential (information about the individual is only passed on to other people in the university with their agreement) and personal and the support is personally tailored to what each student needs.



Some of the sorts of things the service can help with are:

- ▲ Providing advice, support and guidance for disabled students within the College, and liaising with your Departmental Disability Officer and College departments as required.
- ▲ Checking that evidence of any disability is appropriate and up-to-date.
- ▲ Screening for those who may think that they have an unrecognised study difficulty such as dyslexia.
- ▲ Arranging a diagnostic assessment for specific learning difficulties.
- ▲ Help with applying to the College for the cost of an assessment.
- ▲ Help with applications for the Disabled Students' Allowance (DSA).
- ▲ Helping students not eligible for the Disabled Students' Allowance in negotiating support from other sources.
- ▲ Help with arranging extra library support and access to Assistive Technology.
- ▲ Supporting applications for continuing accommodation beyond the first year.

Disability advisors are available to assist with queries regarding reasonable adjustments for study and disabled access across the College. They can also help people obtain suitable evidence of their disability including arranging diagnostic assessments for specific learning difficulties, such as dyslexia, dyspraxia or ADHD.

If you have ideas, suggestions or want to run a campaign about being a student with a disability at Imperial College London, contact **Chris Kaye, Deputy President (Welfare)**.



International students



You can get advice and support on visas from College's International Student Support team.



You can meet up with people from your home country through Imperial College Union's International Clubs, Societies & Projects.



If you want to enhance your English language and communication skills, both in an academic and social context, help for international students is available from the Centre for Academic English.

Leaving your family and friends to come to university can be a daunting prospect, which is why the Union and College offer a wide range of support services and activities to help you settle in as quickly as possible.

If you would like to develop your academic language, the Centre for Academic English on level 3 of the Sherfield Building offers international students a wide range of free courses, workshops and consultations. You can also join classes focused on everyday English for different social contexts to enhance your communication skills and employability. Please visit imperial.ac.uk/academic-english for more information.

To socialise with students from your home country or culture, check out the Clubs, Societies & Projects A-Z or the Activities section of the Union website, home to a wide range of active and friendly international societies for you to join (imperialcollegeunion.org/a-to-z).

If you have ideas, suggestions or want to run a campaign about being an international student at Imperial College London, contact **Katherine Chiu, International Officer**, or **Chris Kaye, Deputy President (Welfare)**.



Your College ID card is your library card

Got your College username and password ?

log into our electronic resources
via www.imperial.ac.uk/library

ASK a question? library@imperial.ac.uk

facebook [imperiallibrary](https://www.facebook.com/imperiallibrary) twitter [@imperiallibrary](https://twitter.com/imperiallibrary)

Unwrap Library Services

Supporting your studies



Universities are different academic environments to schools, and you are empowered - and expected - to take more personal responsibility for your studies and revision.



Academic support and the Academic Representation Network are in place to offer you advice and effective study practices, as well as enable you to influence your course and how you are taught.



Preparation for coursework and revision will minimise stress throughout your academic studies.

As one of the world's best universities, Imperial College London can be a challenging academic environment for anyone. Nearly every single student here will have spent their whole lives at the top of their class, and many can struggle with the transition from a school environment - with its structured, guided nature - to the self-directed nature of university.

Managing your study

All students study, revise and learn differently, and Imperial College London has students from over a hundred nations, each with their own school system, teaching style and qualifications. The one common theme for all Imperial students - whether Undergraduate, Taught Postgraduate or Research Postgraduate - is that they are responsible for their own learning and revision practices.

Prepare your study by familiarising yourself with your course's design, such as the allocation of coursework, problem sheets or laboratory time. Your tutors, Academic Representatives or people you know in the years above you will be able to offer advice. The various subjects taught at College vary too much to all be covered here, but in general, it is recommended to have a long-term, strategic approach to your studies - spreading out your work evenly to avoid bottlenecks and last-minute cramming. The methods for achieving this will not be given to you in class; you must go out and find them yourself.

Academic Representation Network



The Union run the Academic Representation Network, a team of almost 500 volunteer students across every course and research group in College. They help maintain College's academic quality and give a voice to the students by suggesting areas for improvement, calling for course redesigns, and giving feedback on lecture courses and staff.



You can contact your Academic Representative with suggestions, or consider running to be an Academic Representative yourself.

Coping with academic work

If you do find the academic work assigned to you too challenging, be open about it. Approach your personal tutor and inform them and ask for advice. Your friends on the course may also be in a similar situation, and if appropriate you can work together and share tips and study methods.

Imperial College London is generally recognised as offering difficult and intensive courses that intentionally stretch students, which is why it is widely respected. However, if you are feeling stressed or unable to cope, make full use of the services mentioned in this handbook and available in your department - you are not the only person in that situation and there are trained staff ready to help you get back on track.

Your Academic Reps can be found on every page of the Union website once you're logged in. The 'My Academic Reps' box on the right hand-side of every page will show you names and email addresses should you need to contact them.

If you have ideas, suggestions or want to run a campaign about any aspect of College's academic provision, contact your **Academic Representative** or **Pascal Loose, Deputy President (Education)**.

Money & budgeting



Preparing a personal budget is an important foundation for all other aspects of student life.



Advice and support on financial problems is available from the Advice Centre at Imperial College Union.



You can supplement your income through part-time work, including working for College or for Imperial College Union.

One of the most important skills you will pick up as a student is how to manage your personal finances which can include your day-to-day expenses, larger costs such as rent, and your tuition fees.

Budgeting for personal costs

Many students are on strictly fixed incomes, such as maintenance loans or grants, savings, or family support. This makes budgeting and planning all the more important as unplanned use of overdrafts and credit cards can have financial repercussions that last until well after graduation.

Free and simple budgeting tools are available online, including on imperialcollegeunion.org/advice. They will help you lay out and understand all of your regular spending compared to your income, and give you an idea of your personal spending limits for each of the coming months.

A few initial tips:

- ▲ Look into part-time work if you wish. Often, there are jobs available in the Union, at College, or in the local area.
- ▲ Don't fall for false economies. Saving money by not getting contents insurance or motor insurance, or by not paying your TV licence, is dangerous and often illegal.
- ▲ Be sceptical about the 'student deals' offered by many banks. Shop around and look beyond the freebies to the details of interest rates, overdrafts and how long the special offers last.
- ▲ Only get a credit card if you are sure that you are in control of your spending. If you do choose to get one, use a fee-free one with a low APR.
- ▲ If you are expecting a large cost such as furniture or a holiday, save in advance rather than relying on credit cards.
- ▲ If you are considering using a payday loan company, look into student-specific hardship funds or credit unions instead - they can have much lower costs or even be free, in special cases.

If you are in financial difficulty with creditors, the Advice Centre can offer professional support and advice, including mediation and writing letters on your behalf.

Hardship funds

There are a number of funds available from College to support individual students who find themselves in financial difficulty.

The Advice Centre and College's student finance team can help you access these funds, and advise you on how to solve financial difficulty. If you think you're going to face financial problems, let College know as early as possible, so solutions can be found quickly before problems escalate.

Student finance

It is recommended that you fully familiarise yourself with any finance scheme that is paying your tuition fees and/or maintenance, whether its from the Student Loans Company, a Professional Development Loan from a bank, or from another source.

The majority of new Undergraduates will have their tuition fees paid by the Student Loans Company, also known as Student Finance England. This is a Government-owned organisation that pays fees up-front, and then recovers them from graduates after their undergraduate education has finished. They also provide grants, loans and bursaries of varying amounts. College and a number of third parties also provide grants and bursaries. If you are unclear on the details of your financing, contact College's team at student.funding@imperial.ac.uk.

Your rights

If you do choose to look for part-time employment, be aware of your rights in respect of working hours and minimum wage.

- ▲ The minimum wage as of 1 October 2014 will be £6.50 (for people aged 21) and over and £5.13 (for people aged 18 to 20). The Union pays at least £6.50 an hour to all its Casual Staff.
- ▲ If you are an International student, there may be visa restrictions on how many hours you can work per week. Usually, you are permitted to work up to 20 hours a week, but if you're unsure check with College's International Student Support Team first.

If you are concerned you are not getting your legally-entitled breaks and workplace safety training, contact the Advice Centre.

If you have ideas, suggestions or want to run a campaign about any aspect of affordability or living costs at Imperial College London, contact **Chris Kaye, Deputy President (Welfare)**.



Looking after yourself



If you choose to take drugs while at university, take steps to look after yourself and those around you.



A number of scams operate in London, many targeted at students unfamiliar with the city; be aware of the details to protect yourself and your property.



It is strongly recommended that you do not use unlicensed minicabs, and instead only use providers approved by the London authorities.

Drugs

It is important to note that the Union does not condone the use of illegal drugs, and if anyone is found using them on our premises, we will inform the police and College. College has a zero-tolerance approach to drugs, and reserves the right to evict students from halls of residence if they are found using drugs on the premises. People found by the police with drugs on their person are at risk of being charged with possession of an illegal substance, or even possession with an intent to supply.

That said, we recognise that a number of students will choose to take drugs while at university. Through our website, imperialcollegeunion.org/advice, we provide access to non-judgemental information about drugs, what precautions to take, and what to do in case of emergency.



There are a few important notes to bear in mind, which minimise the risk:

- ▲ Make sure you know where your drugs came from and that you trust the people you are taking them with.
- ▲ Tell a friend what you're taking.
- ▲ Don't be tempted to take more of anything just because you're not experiencing the effects straight away.
- ▲ Keep hydrated but don't drink more than one pint of water per hour or you could do more harm than good.
- ▲ Eating something before taking a drug can help, as food provides energy and lines the stomach.
- ▲ If you have a pre-existing mental health or heart problem you are at risk of experiencing increased side effects.
- ▲ If you're feeling depressed or anxious, it's best to avoid drugs as they could make you feel worse. With all drugs, including alcohol, the onus is on you to be sensible. In addition to the illegality of taking drugs, you may be more likely to get into other trouble whilst on them as your perceptions may be altered.
- ▲ Also, if you're on drugs and you're about to have sex with someone, remember to be safe. It may feel wonderful now, but tomorrow when the hangover kicks in or the drugs wear off, you may not want to be left with a sexual transmitted infection (STI) or an unwanted pregnancy.
- ▲ Don't drug drive: your sense of perception will be altered greatly making driving very dangerous. Drug driving is just as illegal as drink driving and can be even more dangerous.
- ▲ If you feel that you or someone you know has a problem with drugs or you want advice regarding drugs, Talk to Frank is a great service. Visit talktofrank.com or call 0800 77 66 00. The Union also offer a confidential advice service at the Union's Advice Centre where we can find the right source of support for you.



Scams

In recent years, criminals have targeted students and tourists across London, including the area around our South Kensington campus (Exhibition Road, Prince Consort Road and around Hyde Park). These are rare and scams often change in detail and location. However, one high-profile scam is for a criminal to pretend to be a plain-clothes police officer and demand to search you, stealing your property. If you are approached by the police, you are entitled to ask to see their warrant card and other details, and all searches are carefully recorded on paper.

If any scams are spotted on any College campus, the Union publicises details of them on their website so that you can avoid them.

Safe transport

Transport for London, the organisation that manages public transport in London (including buses, underground, taxis, river services, bicycle hire) licenses and approves legitimate taxis and minicab companies. However, illegal, unlicensed minicabs can be found outside bars and nightclubs all across London. Unlicensed minicabs are extremely unsafe and a number of attacks are reported every year. Do not use these cabs, even if you are in a group.

If you are going out, plan your route home - including bus stops and numbers - ahead of time with your group. Consider downloading the official Cabwise app, or a number of other London-specific transport apps, to your phone; that way you locate the quickest route home or call a safe, licensed cab anywhere, at any time.

If you have ideas, suggestions or want to run a campaign about any aspect of drugs, alcohol or personal safety at Imperial College London, contact **Chris Kaye, Deputy President (Welfare)**.



Imperial College Union has a team of Liberation Officers, who each have responsibility for a given topic, and a number of Welfare Officers, who work to improve support for all students in a given Faculty or Department.

Liberation Officers

Black & Minority Ethnic Students' Officer

Shiqu Qiu

icu-bme@imperial.ac.uk

Campaigns Officer

icu-campaigns@imperial.ac.uk

Ethics & Environment Officer

Rhiannon Holden

icu-environmental@imperial.ac.uk

Gender Equality Officer

Madeleine Maxwell

icu-gender-equality@imperial.ac.uk

Interfaith Officer

Shamim Ahmed

icu-interfaith@imperial.ac.uk

International Officer

Katherine Chiu

icu-international@imperial.ac.uk

LGBT Officer

Kyle Hellemans

icu-lgbt@imperial.ac.uk

Disabilities Officer

icu-disabilities@imperial.ac.uk

Welfare Officers (Undergraduate)

CGCU Welfare Officer

Juliet Kernohan

cgcuwelf@imperial.ac.uk

ICSMSU Welfare Officer

Jennifer Watson

icsm.welfare@imperial.ac.uk

RCSU Welfare Officer

Akash Jyoti

rcsu.welfare@imperial.ac.uk

RSM Welfare Officer

Emma Crewdson

rsm.welfare@imperial.ac.uk

Academic & Welfare Officers (Postgraduate)

Business School Academic & Welfare Officer

awo-bus@imperial.ac.uk

Engineering Academic & Welfare Officer

Hassan Ahmadzadeh

awo-eng@imperial.ac.uk

Life Sciences Academic & Welfare Officer

Rachel Vaux

awo-lifesci@imperial.ac.uk

Medicine Academic & Welfare Officer

Mike Asavarut

awo-medicine@imperial.ac.uk

Physical Sciences Academic & Welfare Officer

awo-physsci@imperial.ac.uk

gadget plus⁺



Insure your laptop,

add your mobile phone if you like,
you can even add the
contents of your room.

Laptops phones and other gadgets...

- + Theft
- + Loss
- + Accidental damage
- + Liquid damage

Plus 24 hour* replacement

Anywhere in the UK and up
to 30 days worldwide

Save 10% when you insure your
laptop and phone together



Cover your
laptop + phone
from just
£8.40**
a month

Get a quote today

Visit endsleigh.co.uk/university

Call free on **0330 3030 284**

*If your item is lost or stolen, or unrepairable we'll replace it within 24 hours - 1 working day of your claim being approved.

**Price based on a £500 laptop plus an iPhone under £500 for a student living on campus.

Endsleigh Insurance Services Limited is authorised and regulated by the Financial Conduct Authority. This can be checked on the Financial Services Register by visiting its website www.fca.org.uk/register
Endsleigh Insurance Services Limited, Company No.856706 registered in England at Shurdington Road, Cheltenham Spa, Gloucestershire GL51 4UE.

A Member of the Zurich Insurance Group

Imperial College Union

Beit Quadrangle
Prince Consort Road
London
SW7 2BB

Registered Charity No: 1151241 imperialcollegeunion.org

Tel: 020 7594 8060
Fax: 020 7594 8065
Email: union@imperial.ac.uk
Twitter: @icunion

